

$$H |n\rangle = E_n |n\rangle \quad \text{شماره درستی}$$

$$E_0 = ? \quad \sum_n |n\rangle \langle n| = 1$$

$$\langle \psi | H | \psi \rangle = \sum_n \langle \psi | H | n \rangle \langle n | \psi \rangle = \sum_n E_n \langle \psi | n \rangle \langle n | \psi \rangle$$

$$\gg E_0 \sum_n \langle \psi | n \rangle \langle n | \psi \rangle = E_0 \langle \psi | \psi \rangle$$

$$E_0 \leq \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle} \quad |\psi(\mu)\rangle$$

$$\frac{\langle \psi(\mu) | H | \psi(\mu) \rangle}{\langle \psi(\mu) | \psi(\mu) \rangle} = E(\mu)$$

$$E_0 \leq E(\mu)$$

$$\left. \frac{dE(\mu)}{d\mu} \right|_{\mu^*} = 0 \quad \text{مینه } E(\mu)$$

$$Z=2$$

$$E_0 \approx E(\mu^*)$$

$$E_{n_1, n_2}^{(0)} = E_{n_1} + E_{n_2} \quad \text{مجموع انرژی}$$

$$E_n = -\frac{Z^2 R_y}{n^2}$$

$$H = H_1 + H_2 + V_{12}$$

$$H_i = \frac{p_i^2}{2m} - \frac{Ze^2}{r_i} \quad i=1,2$$

$$V_{12} = \frac{e^2}{|\vec{r}_1 - \vec{r}_2|}$$

$$\Delta E_{11}^{(1)} = \langle 100 | \langle 100 | V_{12} | 100 \rangle | 100 \rangle = 2.5 R_y$$

$$E_{11}^{(0)} = E_1 + E_1 = -4 R_y \times 2 = -8 R_y$$

$$-5.5 R_y = E_{11}^{(0)} + \Delta E_{11}^{(1)}$$

$$-5.8 R_y = E_{11}^{exp}$$

Para He

$$|100\rangle_{(1)} |100\rangle_{(2)} \quad |s, m_s\rangle$$

$$\frac{1}{\sqrt{2}} (|100\rangle_{(1)} |nlm\rangle_{(2)} + |nlm\rangle_{(1)} |100\rangle_{(2)}) = |s\rangle$$

$$\text{Ortho He} \quad \frac{1}{\sqrt{2}} (|100\rangle_{(1)} |nlm\rangle_{(2)} - |nlm\rangle_{(1)} |100\rangle_{(2)}) = |t\rangle$$

$$E_0 \leq E(\tilde{Z}) = \frac{\langle \psi(\tilde{Z}) | H | \psi(\tilde{Z}) \rangle}{\langle \psi(\tilde{Z}) | \psi(\tilde{Z}) \rangle} \quad \text{تخمین انرژی حالت پایه اتم He با استفاده از روش واریاسیون}$$

$$|\psi(\tilde{Z})\rangle = |100(\tilde{Z})\rangle |100(\tilde{Z})\rangle$$

$$\langle \vec{r} | 100(\tilde{Z}) \rangle = \frac{1}{\sqrt{\pi}} \left(\frac{\tilde{Z}}{a_0} \right)^{3/2} e^{-\tilde{Z}r/a_0} = \psi_{100}(\vec{r})$$

$$H = \sum_{i=1}^2 \left(\frac{p_i^2}{2m} - \frac{Ze^2}{r_i} \right) + \frac{e^2}{r_{12}} + \sum_{i=1}^2 \left(\frac{\tilde{Z}e^2}{r_i} - \frac{\tilde{Z}e^2}{r_i} \right)$$

$$H = \sum_{i=1}^2 \left(\frac{p_i^2}{2m} - \frac{\tilde{Z}e^2}{r_i} \right) + \frac{e^2}{r_{12}} - \sum_{i=1}^2 \frac{(Z-\tilde{Z})e^2}{r_i}$$

$$\tilde{H}_i(\tilde{Z}) |100(\tilde{Z})\rangle_i = E_0(\tilde{Z}) |100(\tilde{Z})\rangle_i$$

$$E(\tilde{Z}) = \langle 100(\tilde{Z}) | \langle 100(\tilde{Z}) | H(\tilde{Z}) | 100(\tilde{Z}) \rangle_{(1)} | 100(\tilde{Z}) \rangle_{(2)}$$

$$\tilde{H}_1(\tilde{Z}) + \tilde{H}_2(\tilde{Z}) + \frac{e^2}{r_{12}} - \frac{(Z-\tilde{Z})e^2}{r_1} - \frac{(Z-\tilde{Z})e^2}{r_2}$$

$$C(\tilde{z}) = \langle 100(\tilde{z}) | \langle 100(\tilde{z}) | \Pi(\tilde{z}) | 100(\tilde{z}) \rangle_{(1)} | 100(\tilde{z}) \rangle_{(2)}$$

$$\tilde{H}_1(\tilde{z}) + \tilde{H}_2(\tilde{z}) + \frac{e^2}{r_{12}} - \frac{(z-\tilde{z})e^2}{r_1} - \frac{(z-\tilde{z})e^2}{r_2}$$

$$= 2 E_0(\tilde{z}) + \langle 100(\tilde{z}) | \langle 100(\tilde{z}) | \frac{e^2}{r_{12}} | 100(\tilde{z}) \rangle | 100(\tilde{z}) \rangle - \langle 100(\tilde{z}) | \langle 100(\tilde{z}) | \sum_i \frac{(z-\tilde{z})e^2}{r_i} | 100 \rangle | 100 \rangle$$

$$E(\tilde{z}) = 2 E_0(\tilde{z}) + \frac{5}{8} \frac{\tilde{z}^2 e^2}{a_0} - 2 \times (z-\tilde{z}) e^2 \frac{\tilde{z}}{a_0}$$

$$\begin{cases} E_0 = -1 R_y \tilde{z}^2 \\ \frac{e^2}{2a_0} = 1 R_y \end{cases}$$

$$E(\tilde{z}) = 2 R_y \left(\tilde{z}^2 - 2 \tilde{z} \tilde{z} + \frac{5}{8} \tilde{z} \right)$$

$$\frac{dE(\tilde{z})}{d\tilde{z}} = 0 \rightarrow \tilde{z}^* = z - \frac{5}{16} \underset{\tilde{z}=2}{=} 1.7$$

$$E_0 \leq E(\tilde{z}^*) = -5.78 R_y \quad \text{درجہ اولیٰ} \quad E_0 = -5.5 R_y \quad \text{محدود}$$

$$E_0^{exp} = -5.8 R_y$$

Para He $|s\rangle = \frac{1}{\sqrt{2}} (|100\rangle |nlm\rangle \oplus |nlm\rangle |100\rangle) |100\rangle$

Ortho He $|t\rangle = \frac{1}{\sqrt{2}} (|100\rangle |nlm\rangle \ominus |nlm\rangle |100\rangle) |1, m_s\rangle$

$$\Delta E_{Ortho}^{Para} = \left\langle \begin{matrix} s \\ t \end{matrix} \left| \frac{e^2}{r_{12}} \right| \begin{matrix} s \\ t \end{matrix} \right\rangle \quad \begin{matrix} \langle 00 | 00 \rangle = 1 \\ \langle 1 m_s | 1 m_s \rangle = 1 \end{matrix}$$

$$= \frac{1}{2} \int d^3 r_1 d^3 r_2 \left| \psi_{100}(\vec{r}_1) \psi_{nlm}(\vec{r}_2) \pm \psi_{nlm}(\vec{r}_1) \psi_{100}(\vec{r}_2) \right|^2 \frac{e^2}{|\vec{r}_1 - \vec{r}_2|}$$

$$\Delta E = 2 \times \frac{1}{2} \int d^3 r_1 d^3 r_2 |\psi_{100}(\vec{r}_1)|^2 |\psi_{nlm}(\vec{r}_2)|^2 \frac{e^2}{r_{12}} \quad \checkmark \quad 0 = [J_3, \frac{e^2}{|\vec{r}_1 - \vec{r}_2|}]$$

$$\pm 2 \times \frac{1}{2} \int d^3 r_1 d^3 r_2 \psi_{100}^*(\vec{r}_1) \psi_{nlm}^*(\vec{r}_2) \psi_{nlm}(\vec{r}_1) \psi_{100}(\vec{r}_2) \frac{e^2}{r_{12}} \quad \checkmark$$

$$\Delta E_{Ortho}^{Para} = \underbrace{J_{ne}}_{\text{Jensen's}} \oplus K_{ne} \rightarrow \text{جینسن ساری (اصل مردود)}$$

$$J_{ne} > 0 \quad K_{ne} > 0 \quad \checkmark$$

$$\vec{S}_i = \frac{\hbar}{2} \vec{\sigma}_i$$

$$\Delta E_{ne}^{(1)} = J_{ne} - \frac{1}{2} (1 + \vec{\sigma}_1 \cdot \vec{\sigma}_2) K_{ne}$$

$$\langle s, m_s | \frac{1}{2} (1 + \vec{\sigma}_1 \cdot \vec{\sigma}_2) | s, m_s \rangle$$

$$\begin{matrix} s=0 & m_s=0 & |00\rangle \rightarrow + \\ s=1 & m_s=\pm 1, 0 & |1, m_s\rangle \rightarrow - \end{matrix}$$

$$\vec{\sigma}_1 \cdot \vec{\sigma}_2 = \frac{4}{\hbar^2} \vec{S}_1 \cdot \vec{S}_2 = 2 \left(s(s+1) - \frac{3}{2} \right)$$

$$\vec{S}_1 \cdot \vec{S}_2 = \frac{1}{2} (\vec{S}^2 - \vec{S}_1^2 - \vec{S}_2^2)$$

$$\langle s, m_s | \frac{1}{2} (\vec{S}^2 - \vec{S}_1^2 - \vec{S}_2^2) | s, m_s \rangle = \frac{\hbar^2}{2} \left(s(s+1) - \frac{1}{2} (\frac{1}{2}+1) \times 2 \right)$$

$$= \frac{\hbar^2}{2} \left(s(s+1) - \frac{3}{2} \right)$$

$$\langle s, m_s | \frac{1}{2} (1 + \vec{\sigma}_1 \cdot \vec{\sigma}_2) | s, m_s \rangle = \frac{1}{2} \left[1 + 2 \left(s(s+1) - \frac{3}{2} \right) \right]$$

$$S=0 \quad \frac{1}{2} (1 + (-3)) = -1$$

$$S=1 \quad \frac{1}{2} (1 + 1) = +1$$

$$\Delta E = J_{ne} - \frac{1}{2} (1 + \vec{g}_i \cdot \vec{g}_i) K_{ne}$$

$\nearrow_{s=0} J_{ne} + K_{ne}$
 $\searrow_{s=1} J_{ne} - K_{ne}$